

[Welcome to Essentials](#)

- ✓ **Get Ready to Lead**
 - [Session Preparation Overview](#)
 - [Sample Group Discussion Flow](#)
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A
track

How to help people begin to grow spiritually and multiply

4 Walks

- ▶ **Assured:** *Gaining assurance of salvation*..... [MJ](#)
- ▶ **Forgiven:** *Experiencing God's forgiveness*..... [MJ](#)
- ▶ **Filled:** *Being filled with the Holy Spirit*..... [MJ](#)
- ▶ **Continually:** *Relate to God all the time*..... [MJ](#)

4 Talks

- ▶ **Apply:** *Studying and applying the Bible*..... [MJ](#)
- ▶ **Pray:** *Talking with God*..... [MJ](#)
- ▶ **Witness:** *Witnessing to non-Christians*..... [MJ](#)
- ▶ **Fellowship:** *Having fellowship with Christians*..... [MJ](#)

4 Ministries

- ▶ **Love:** *Realizing love is the foundation for ministry*..... [MJ](#)
- ▶ **Win:** *Helping people come to know God*..... [MJ](#)
- ▶ **Build:** *Helping people grow to be true followers of Jesus*.. [MJ](#)
- ▶ **Send:** *Helping followers of Jesus minister to others*..... [MJ](#)

B
track

How to help Christians continue to grow spiritually and multiply

4 Facts

- ▶ **God:** *Respecting Jesus as God*..... [MJ](#)
- ▶ **Man:** *Knowing Jesus understands our problems*..... [MJ](#)
- ▶ **Savior:** *Knowing why Jesus died for our sins*..... [MJ](#)
- ▶ **Servant:** *Helping and serving others as Jesus did*..... [MJ](#)

4 Helps

- ▶ **Power:** *Experiencing God's power for living*..... [MJ](#)
- ▶ **Truth:** *Discerning what is true*..... [MJ](#)
- ▶ **Peace:** *Experiencing peace in overwhelming situations*..... [MJ](#)
- ▶ **Words:** *Expressing spiritual truth*..... [MJ](#)

4 Attitudes

- ▶ **Trust:** *Trusting God rather than yourself*..... [MJ](#)
- ▶ **Love:** *Loving and worshipping God wholeheartedly*..... [MJ](#)
- ▶ **Obey:** *Doing what pleases God*..... [MJ](#)
- ▶ **Use:** *Using well what God gives you, for His purpose*..... [MJ](#)



Welcome to Essentials for Spiritual Growth and Multiplication!
This is a small group discussion series designed to help people grow in Christ and get involved in ministry and multiplication as soon as possible.

The Format

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The Content

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Discussion Flow

The Discussion

connect
hear
apply
tell
Group
Discussion Flow
Mini-Journal card
Journal card
lesson learned, action to take
person to tell.

Get ready

Notes and Preparation Checklist
Mini-Journal cards,
[pre-designed sleeve](#)

Get Going

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Get Ready: Sample Group Discussion Flow



To prepare for the first session using this how-to guide, go to the first topic, [4 Walks–Assured](#). The session has four parts, which are explained below.

connect with needs

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hear what God says

Notes and Preparation Checklist

hear

15:11-24,

1. A B C D E F G H I J K L M N O P Q R S T U V W X Y Z
2. A B C D E F G H I J K L M N O P Q R S T U V W X Y Z
3. A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

apply

B

apply that to life

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

lesson learned

lesson learned

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Would You Like to Know God Personally? [Connecting With God](#)

action to take

*B

[Would You Like to Know God Personally? Connecting With God](#)

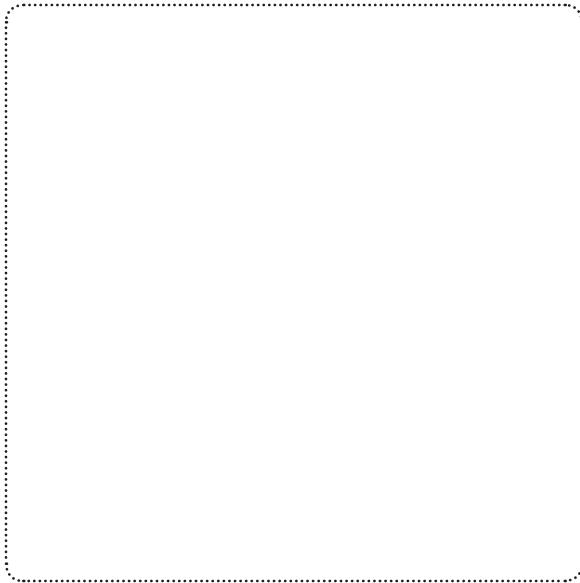
tell someone they know

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

person to tell

4 Walks–Forgiven. [Session Preparation Overview.](#)

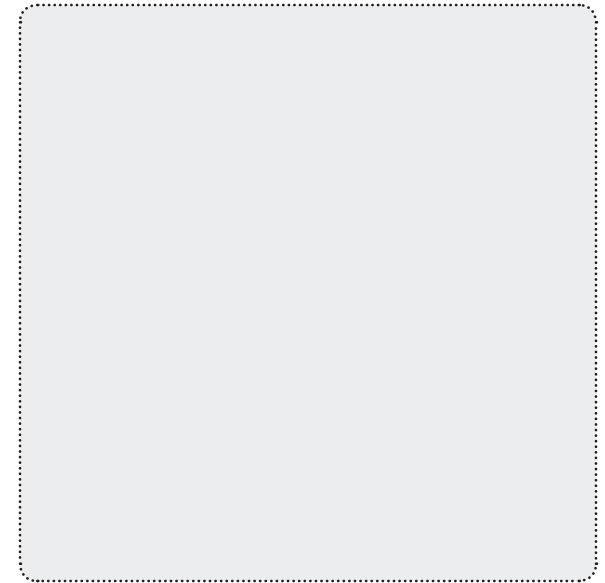
Get Ready: Printing Mini-Journal Cards



Feed Avery® 5392™ perforated name badge insert (available at office supply stores) into your ink jet or laser printer.



*Go to a Mini-Journal card template in this document and print. There are six cards per sheet. **To achieve proper alignment to the template, SET PAGE SCALING TO NONE in the print dialog box!***



Fold and separate cards along perforations and give to each group member.

4 Walks: Assured

Be sure of your personal relationship with God



Group Discussion Flow

connect with needs

- ▶ *Relationships thrive on acceptance and assurance.*
- ▶ *“Let me tell you how I have experienced this.”*
- ▶ *“Tell us how you have experienced this.”*
- ▶ *“This is also true in a relationship with God.”*

hear what God says

- ▶ **Luke 15:11–24 (story)**
- ▶ **1 John 5:11–13**
- ▶ **Luke 15:11–24 —**

- ▶ **1 John 5:11–13 —**
- ▶ *What do you think this passage teaches us?*
- ▶ *What can we learn about God or our response to God?*
- ▶ *How do you think this passage relates to the statement we discussed earlier: “Relationships thrive on acceptance and assurance”?*

apply that to life

- ▶ **learned lesson**
- ▶ *Why don't we always experience assurance in our personal relationship with God?*
- ▶ *What is one action you can take this week to begin to feel more assured?*
- ▶ **action to take.**
- ▶ [Would You Like to Know God Personally? Connecting With God](#)

tell someone they know

- ▶ **person to tell.**

notes and preparation checklist

pray

- Pray for the group.*
- Pray for the speaker.*

connect

- Share your own experiences.*
- Listen to others and connect with their needs.*

notes and preparation checklist

hear

- Luke 15:11–24**
- 1. *What are some evidences of the father's love and acceptance of the rebellious son?*
- 2. *In what ways were the son's thoughts and actions reflective of the father's love and acceptance?*
- 3. *What are some things we can learn about relationships from this story?*

1 John 5:11–13

- 1. *What does this passage teach us about the source of eternal life?*
- 2. *What was the intended impact on the readers of this passage, and how does that help us in our relationship with God?*

notes and preparation checklist

apply

- Discuss the passage and apply it to your life.*
- Share your own experiences and how they relate to the passage.*
- Share your own experiences and how they relate to the passage.*

notes and preparation checklist

tell

- Share your own experiences and how they relate to the passage.*
- Share your own experiences and how they relate to the passage.*

4 Walks: Filled

Be sure you are filled with the Holy Spirit, so you can have power for living



Group Discussion Flow

connect with needs

- ▶ **action to take**
person to tell
- ▶ **Lesson**
- ▶ **Lesson**: "Often we need help to do a difficult assignment."
- ▶ **Lesson**: "Let me tell you how I have experienced this."
- ▶ **Lesson**: "Tell us how you have experienced this."
- ▶ **Lesson**: "This is also true in a relationship with God."

hear what God says

- ▶ **John 18:15–18**
Acts 2:14–22
- ▶ **Ephesians 3:16–20**
Ephesians 5:18–21
John 18:15–18 (story)
Acts 2:14–22 (story)
- ▶ **Lesson**: "What do you think this passage teaches us?"
- ▶ **Lesson**: "What can we learn about God or our response to God?"
- ▶ **Lesson**: "How do you think this passage relates to the statement we discussed earlier: 'Often we need help to do a difficult assignment'?"

- ▶ **Lesson**: "Be sure you are filled with the Holy Spirit, so you can have power for living."
- ▶ **Lesson**: **learned**
- ▶ **Lesson**: Why don't we always seek to walk in the power of the Holy Spirit?
- ▶ **Lesson**: What is one action you can take this week to live in the power of the Holy Spirit?
- ▶ **Lesson**: **action to take.**
- ▶ **Lesson**: **Satisfied?**

apply that to life

- ▶ **Lesson**: "Be sure you are filled with the Holy Spirit, so you can have power for living."
- ▶ **Lesson**: **learned**
- ▶ **Lesson**: Why don't we always seek to walk in the power of the Holy Spirit?
- ▶ **Lesson**: What is one action you can take this week to live in the power of the Holy Spirit?
- ▶ **Lesson**: **action to take.**
- ▶ **Lesson**: **Satisfied?**

tell someone they know

- ▶ **Lesson**: **person to tell.**
- ▶ **Lesson**: **person to tell.**

notes and preparation checklist

pray

- Lesson**
- Lesson**

connect

- Lesson**
- Lesson**

notes and preparation checklist

hear

- Ephesians 3:16–20**
 1. What are some benefits believers will experience if they take advantage of the presence of the Spirit in their lives?
 2. If we possess such power and such a sense of how much God loves us, in what ways might that affect our daily lives?
- Ephesians 5:18–21**
 1. What are some specific behaviors that result from being filled with the Spirit?

notes and preparation checklist

apply

- Lesson**
- Lesson**
- Lesson**

notes and preparation checklist

tell

- Lesson**
- Lesson**

4 Talks: Apply

Apply to your life daily what you learn from the Bible



A

Group Discussion Flow

connect with needs

- ▶ **action to take**
person to tell
- ▶ "It is one thing to hear about something; it is another to do something about it."
- ▶ "Let me tell you how I have experienced this."
- ▶ "Tell us how you have experienced this."
- ▶ "This is also true in the Christian life."

hear what God says

- ▶ **James 1:22**
Luke 6:46–49 (story)
Acts 2:41–47 (story)
- ▶ **4 Talks—Fellowship**
- ▶ "What do you think this passage teaches us?"
- ▶ "What can we learn about God or our response to God?"
- ▶ "How do you think this passage relates to the statement we discussed earlier: 'It is one thing to hear about something; it is another to do something about it'?"

apply that to life

- ▶ "Apply to your life daily what you learn from the Bible."
- ▶ **lesson learned**
- ▶ "Why don't we always apply what we learn from the Bible?"
- ▶ "What is one action you can take this week to start applying the Bible to everyday life?"
- ▶ **action to take.**

tell someone they know

- ▶ **person to tell.**

notes and preparation checklist

pray

- Pray for the group.
- Pray for the speaker.

connect

- Discuss the "action to take" and "person to tell."
- Discuss the quote: "It is one thing to hear about something; it is another to do something about it."

notes and preparation checklist

hear

- James 1:22**
How does this verse relate to the discussion we just had (about hearing versus doing)?
- Luke 6:46–49**
 1. Have you ever seen or heard of modern day examples of this? (e.g., a person who hears the word but does not do it)
 2. What are some lessons we can learn from Jesus' illustration?
- Acts 2:41–47**
 1. What kinds of things did the new believers do?
 2. What are some evidences that they were applying the truths they were learning?

notes and preparation checklist

apply

- Discuss the quote: "Apply to your life daily what you learn from the Bible."
- Discuss the "lesson learned."
- Discuss the question: "Why don't we always apply what we learn from the Bible?"
- Discuss the question: "What is one action you can take this week to start applying the Bible to everyday life?"
- Discuss the "action to take."

notes and preparation checklist

tell

- Discuss the "person to tell."

4 Talks: Witness

Spread the word about Christ with your non-Christian friends and acquaintances



A

Group Discussion Flow

connect with needs

- ▶ **action to take**
person to tell
- ▶ **person to tell**
- ▶ **person to tell**: "It is normal for news to spread when people who know about a subject tell others."
- ▶ **person to tell**: "Let me tell you how I have experienced this."
- ▶ **person to tell**: "Tell us how you have experienced this."
- ▶ **person to tell**: "This is also true in the Christian life."

hear what God says

- ▶ **Acts 4:1-13** — **person to tell**
- ▶ **Matthew 28:18-20**
John 4:19-41 (story)
Acts 4:1-13 (story)
- ▶ **Matthew 28:18-20** — **person to tell**
- ▶ **John 4:19-41** — **person to tell**

What do you think this passage teaches us?
What can we learn about God or our response to God?
How do you think this passage relates to the statement we discussed earlier: "It is normal for news to spread when people who know about a subject tell others"?

apply that to life

- ▶ **person to tell**: "Spread the word about Christ with your non-Christian friends and acquaintances." **lesson learned**
- ▶ **person to tell**: What are some barriers to talking about Christ with non-Christians?
What is one action you can take this week to have a spiritual conversation with someone who doesn't know Christ?
- ▶ **person to tell**: **action to take.**

tell someone they know

- ▶ **person to tell**
- ▶ **person to tell**
- ▶ **person to tell**
- ▶ **person to tell**

notes and preparation checklist

pray

- person to tell**
- person to tell**

connect

- person to tell**
- person to tell** **connect** **hear.**

notes and preparation checklist

hear

- Matthew 28:18-20**
 1. What did Jesus command His disciples to do?
 2. Why do you think Jesus considered this important to tell His disciples?
 3. Why do you think it is important for us to do the same things today?
- John 4:19-41**
 1. Do you think the woman at the well concluded that Jesus was an important person to listen to? Why?

notes and preparation checklist

apply

- person to tell** **apply.**
- person to tell**
- person to tell** [Witness Mini Journal.](#)

notes and preparation checklist

tell

- person to tell**
- person to tell**

4 Talks: Fellowship

Form close relationships with true followers of Jesus, for support and encouragement



A

Group Discussion Flow

connect with needs

- ▶ **action to take**
person to tell
- ▶ **Relationships with friends provide support and encouragement.**
- ▶ **“Let me tell you how I have experienced this.”**
- ▶ **“Tell us how you have experienced this.”**
- ▶ **This is also true in the Christian life.**

hear what God says

- ▶ **Acts 1:12–15 —**
- ▶ **Hebrews 10:24–25**
Acts 2:42–47 (story)
Acts 1:12–15 (story)
- ▶ **Hebrews 10:24–25 —**
- ▶ **Acts 2:42–47 —**
- ▶ [4 Talks – Apply.](#)

Acts 1:12–15 —

- ▶ **What do you think this passage teaches us?**
- ▶ **What can we learn about God or our response to God?**
- ▶ **How do you think this passage relates to the statement we discussed earlier: “Relationships with friends provide support and encouragement”?**

apply that to life

- ▶ **Form close relationships with true followers of Jesus, for support and encouragement.**
- ▶ **lesson learned**
- ▶ **What can keep us from forming close relationships with other Christians?**
- ▶ **What is one action you can take this week to begin to overcome those barriers?**
- ▶ **action to take.**

tell someone they know

- ▶ **person to tell.**
- ▶ **Dashboard, “4 Ministries”.**

notes and preparation checklist

pray

- pray**
- pray**

connect

- connect**
- connect** **hear.**

notes and preparation checklist

hear

- Acts 1:12–15**
- Acts 1:12–15**
- Acts 2:42–47**

apply

- apply**
- Fellowship Mini Journal.**

notes and preparation checklist

tell

- tell**

4 Ministries: Love

God wants us to love other people, help meet their needs and make an impact on their lives



A

Group Discussion Flow

connect with needs

hear what God says

apply that to life

tell someone they know

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notes and preparation checklist

notes and preparation checklist

notes and preparation checklist

notes and preparation checklist

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- ▶ [Love Mini Journal.](#)

4 Ministries: Build

We can help people grow to be true followers of Jesus



A

Group Discussion Flow

connect with needs

- ▶ **action to take**
person to tell
- ▶ **person to tell**
- ▶ **person to tell**: "People need to grow in their relationship with God."
- ▶ **person to tell**: "Let me tell you how I have experienced this."
- ▶ **person to tell**: "Tell us how you have experienced this."
- ▶ **person to tell**: "God uses Christians to help other Christians grow in their relationship with God."

hear what God says

- ▶ **1 Thessalonians 2:7-13 (story)**
- ▶ **2 Timothy 4:2**
- ▶ **1 Thessalonians 2:7-13 —**
- ▶ **2 Timothy 4:2 —**

- ▶ **What do you think this passage teaches us?**
- ▶ **What can we learn about God or our response to God?**
- ▶ **How do you think this passage relates to the statement we discussed earlier: "People need to grow in their relationship with God"?**

apply that to life

- ▶ **lesson learned**
- ▶ **person to tell**: "We can help people grow to be true followers of Jesus."
- ▶ **person to tell**: "What are some things that keep us from growing in our relationship with God?"
- ▶ **person to tell**: "What is one action you can take this week to help another person grow in his or her relationship with God?"
- ▶ **action to take**

tell someone they know

- ▶ **person to tell**
- ▶ **person to tell**
- ▶ **person to tell**

notes and preparation checklist

pray

- person to tell**
- person to tell**

connect

- person to tell**
- person to tell**

notes and preparation checklist

hear

- 1 Thessalonians 2:7-13**
- 1. What are some ways to describe the efforts Paul made to build into the lives of Christians in Thessalonica?
- 2. What are some evidences of Paul's commitment and intentionality?
- 2 Timothy 4:2**
- ▶ **person to tell**: Having seen Paul's model of ministry, let's look at his exhortation to minister.

- 1. What further zeal and intentionality do you see in this verse?
- 2. What lessons can we learn from these two passages?

notes and preparation checklist

apply

- person to tell**
- person to tell**
- Build Mini Journal.**

notes and preparation checklist

tell

- person to tell**
- person to tell**

4 Ministries: Send

We can help followers of Jesus minister to others



A

Group Discussion Flow

connect with needs

- ▶ **action to take**
person to tell
- ▶ **person to tell**
- ▶ **person to tell**: "It can be rewarding to be involved in ministering to people."
- ▶ **person to tell**: "Let me tell you how I have experienced this."
- ▶ **person to tell**: "Tell us how you have experienced this."
- ▶ **person to tell**: "Most often God uses Christians to motivate and equip other Christians to become involved in ministry."

hear what God says

- ▶ **person to tell**: "It can be rewarding to be involved in ministering to people."
 - ▶ **person to tell**: "Let me tell you how I have experienced this."
 - ▶ **person to tell**: "Tell us how you have experienced this."
 - ▶ **person to tell**: "Most often God uses Christians to motivate and equip other Christians to become involved in ministry."
- Luke 10:1–2 (story)**
Acts 11:19–26 (story)
2 Timothy 2:2
- Luke 10:1–2 — D**
- Acts 11:19–26 — C**
- 2 Timothy 2:2 — D**
- What do you think this passage teaches us?
- What can we learn about God or our response to God?
- How do you think this passage relates to the statement we discussed earlier: "It can be rewarding to be involved in ministering to people"?

apply that to life

- ▶ **person to tell**: "We can help followers of Jesus minister to others."
 - ▶ **person to tell**: "Let me tell you how I have experienced this."
 - ▶ **person to tell**: "Tell us how you have experienced this."
 - ▶ **person to tell**: "Most often God uses Christians to motivate and equip other Christians to become involved in ministry."
- Lesson learned**
- D**: "What are some things that keep people from becoming involved in ministering to others?"
- What is one action you can take this week to encourage a Christian to minister to others?
- person to tell**: **action to take.**

tell someone they know

- ▶ **person to tell**: "We can help followers of Jesus minister to others."
 - ▶ **person to tell**: "Let me tell you how I have experienced this."
 - ▶ **person to tell**: "Tell us how you have experienced this."
 - ▶ **person to tell**: "Most often God uses Christians to motivate and equip other Christians to become involved in ministry."
- person to tell**: **action to take.**
- [Dashboard, "4 Facts"](#).

notes and preparation checklist

pray

- person to tell**
- person to tell**

connect

- person to tell**
 - D**
- connect** **hear.**

notes and preparation checklist

hear

- Luke 10:1–2**
 - Acts 11:19–26**
 - 2 Timothy 2:2**
- How would you describe the process Jesus used to minister? (/ -)
1. What seemed to motivate the church at Jerusalem to send Barnabas to Antioch?
 2. What were the things that apparently motivated Barnabas to travel some distance to ask for Saul's help?
- D**

notes and preparation checklist

apply

- D**
- B**
- Send Mini Journal.**

notes and preparation checklist

tell

- person to tell**
- person to tell**

4 Facts: Man

Jesus was also a human being, so we can know He understands our problems and we can trust Him more



B

Group Discussion Flow

connect with needs

- ▶ **action to take**
person to tell
- ▶ **person to tell**
- ▶ **person to tell**: "When we take time to get to know people, they sense we understand them better and they trust us more."
- ▶ **person to tell**: "Let me tell you how I have experienced this."
- ▶ **person to tell**: "Tell us how you have experienced this."
- ▶ **person to tell**: "This is an important reason Jesus came to live on earth — so people would know He understands them and their problems."

hear what God says

- ▶ **person to tell**: **Matthew 9:35–37 (story)**
John 11:32–36 (story)
Philippians 2:5–8
- ▶ **person to tell**: **Philippians 2:5–8**
- ▶ **person to tell**: **Matthew 9:35–37**
- ▶ **person to tell**: **John 11:32–36**
- ▶ **person to tell**: **Philippians 2:5–8**
- ▶ **person to tell**: **Matthew 9:35–37**
- ▶ **person to tell**: **John 11:32–36**
- ▶ **person to tell**: **Philippians 2:5–8**

apply that to life

- ▶ **person to tell**: "Jesus was also a human being, so we can know He understands our problems and we can trust Him more." **person learned**
- ▶ **person to tell**: What are some things that prevent us from completely trusting Jesus? What is one action you can take this week to help you trust Jesus more?
- ▶ **person to tell**: **action to take.**

tell someone they know

- ▶ **person to tell**: **person to tell.**
- ▶ **person to tell**: **person to tell.**

notes and preparation checklist

pray

- person to tell**
- person to tell**

connect

- person to tell**
- person to tell**

notes and preparation checklist

hear

- Matthew 9:35–37**
What are some human qualities we see in Jesus' response to the plight of the crowd?
- John 11:32–36**
What can we learn about Jesus from His responses to Mary and the death of His friend Lazarus?
- Philippians 2:5–8**
 1. What can we learn about Jesus from this passage? What did He give up for a while? What did He endure as a result?
 2. Why do you suppose the Father sent the Son on this mission?

notes and preparation checklist

apply

- person to tell**
- person to tell**
- Man Mini Journal.**

notes and preparation checklist

tell

- person to tell**
- person to tell**

4 Helps: Power

Daily life can be difficult, but the Holy Spirit gives us power for living



B

Group Discussion Flow

connect with needs

- ▶ **action to take**
person to tell
- ▶ **person to tell**
- ▶ **person to tell**: "Daily life is challenging at times."
"Let me tell you how I have experienced this."
"Tell us how you have experienced this."
- ▶ **person to tell**: "The Holy Spirit can give us power to cope with the daily challenges of life."

hear what God says

- ▶ **Galatians 5:16–23**
Ephesians 3:16, 20
Acts 3:5–14 (story)
- ▶ **Galatians 5:16–23** —
What do you think this passage teaches us?
What can we learn about God or our response to God?
How do you think this passage relates to the statement we discussed earlier: "Daily life is challenging at times"?
- ▶ **Acts 3:5–14** —
What do you think this passage teaches us?
What can we learn about God or our response to God?
How do you think this passage relates to the statement we discussed earlier: "Daily life is challenging at times"?
- ▶ **Ephesians 3:16, 20** —
What do you think this passage teaches us?
What can we learn about God or our response to God?
How do you think this passage relates to the statement we discussed earlier: "Daily life is challenging at times"?

apply that to life

- ▶ **person to tell**: "Daily life can be difficult, but the Holy Spirit gives us power for living."
lesson learned
- ▶ **person to tell**:
What are some things that keep us from experiencing the power of the Holy Spirit in our daily challenges?
What is one action you can take this week to overcome one of your life challenges through the power of the Holy Spirit?
- ▶ **action to take**

tell someone they know

- ▶ **person to tell**
- ▶ **person to tell**
- ▶ **person to tell**
- ▶ **person to tell**

notes and preparation checklist

pray

- person to tell**
- person to tell**

connect

- person to tell**
- person to tell**
- person to tell**

notes and preparation checklist

hear

- Galatians 5:16–23**
- 1. How common are the acts of the sinful nature? (Galatians 5:19–21)
- 2. How easy is it to implement the fruit of the Spirit in everyday life? (Galatians 5:22, 23)
- Ephesians 3:16, 20**
- In your own words, how would you describe the power of the Spirit in light of verse 20?
- Acts 3:5–14**
- 1. Of what are Peter and John "guilty"? What gave Peter the boldness to answer his accusers?
- 2. What did the religious leaders find astonishing about them? (Acts 3:14)

notes and preparation checklist

apply

- person to tell**
- person to tell**
- Power Mini Journal**

notes and preparation checklist

tell

- person to tell**
- person to tell**

4 Helps: Peace

Sometimes things overwhelm us emotionally, but the Holy Spirit can give us peace



B

Group Discussion Flow

connect with needs

- ▶ **action to take**
person to tell
- ▶ **person to tell**
- ▶ **person to tell**: "Sometimes things overwhelm us emotionally."
- ▶ **person to tell**: "Let me tell you how I have experienced this."
- ▶ **person to tell**: "Tell us how you have experienced this."
- ▶ **person to tell**: "The Holy Spirit can give us peace in these kinds of situations."

hear what God says

- ▶ **Romans 8:5-6**
Acts 7:54-60 (story)
Galatians 5:22
- ▶ **Romans 8:5-6** —
- ▶ **Acts 7:54-60** —
- ▶ **Galatians 5:22** —
- ▶ **person to tell**: "What do you think this passage teaches us?"
- ▶ **person to tell**: "What can we learn about God or our response to God?"
- ▶ **person to tell**: "How do you think this passage relates to the statement we discussed earlier: 'Sometimes things overwhelm us emotionally'?"

apply that to life

- ▶ **person to tell**: "Sometimes things overwhelm us emotionally, but the Holy Spirit can give us peace."
- ▶ **lesson learned**
- ▶ **person to tell**: "What prevents us from receiving peace through the Holy Spirit?"
- ▶ **person to tell**: "What is one action you can take this week to experience more of that peace?"
- ▶ **action to take**

tell someone they know

- ▶ **person to tell**
- ▶ **person to tell**
- ▶ **person to tell**
- ▶ **person to tell**

notes and preparation checklist

pray

- person to tell**
- person to tell**

connect

- person to tell**
- person to tell**

notes and preparation checklist

hear

- Romans 8:5-6**
 1. In what ways can the mind of sinful man be characterized as "death"?
 2. Similarly, in what ways can the mind controlled by the Spirit be characterized as "life and peace"?
- Acts 7:54-60**
 1. What are some adjectives you could use to describe Stephen's state of mind as he was facing both the anger of his accusers and death?

notes and preparation checklist

apply

- person to tell**
- person to tell**
- Peace Mini Journal**

notes and preparation checklist

tell

- person to tell**
- person to tell**

4 Helps: Words

Sometimes we don't know what to say to minister to people, but the Holy Spirit can give us the words



B

Group Discussion Flow

connect with needs

- ▶ **action to take**
person to tell
- ▶ "Sometimes we want to help people in a tough situation, but we can't seem to figure out what to say."
- ▶ "Let me tell you how I have experienced this."
- ▶ "Tell us how you have experienced this."
- ▶ **The Holy Spirit can give us the right words to say in various situations.**

notes and preparation checklist

pray

- []
- []

connect

- []
- []

hear what God says

- ▶ **Luke 12:11-12**
- ▶ **1 Corinthians 2:1-8,13**
- ▶ **1 Samuel 3 (story)**
- ▶ **Luke 12:11-12**
- ▶ **1 Corinthians 2:1-8,13**

notes and preparation checklist

hear

- Luke 12:11-12**
 1. What is yet another role the Holy Spirit can play in our lives?
 2. We may not be brought before hostile authorities to defend our faith but, day-to-day, what are some situations where we could benefit from the Holy Spirit showing us what to say?
- 1 Corinthians 2:1-8, 13**
 1. What can we learn from the way Paul approached the worldly-wise Corinthians?

1 Samuel 3

- ▶ What do you think this passage teaches us?
- ▶ What can we learn about God or our response to God?
- ▶ How do you think this passage relates to the statement we discussed earlier: "Sometimes we want to help people in a tough situation, but we can't seem to figure out what to say"?

apply that to life

- ▶ **lesson learned**
- ▶ **action to take.**

notes and preparation checklist

apply

- []
- []
- [] [Words Mini Journal.](#)

tell someone they know

- ▶ **person to tell.**
- ▶ [Dashboard, "4 Attitudes"](#)

notes and preparation checklist

tell

- []
- []

4 Attitudes: Trust

Trust God rather than yourself



B

Group Discussion Flow

connect with needs

- ▶ **action to take**
person to tell
- ▶ **connect**
- ▶ **hear**: "It is hard to stay friends with people unless you trust them."
- ▶ **apply**: "Let me tell you how I have experienced this."
"Tell us how you have experienced this."
- ▶ **tell**: "This is also true in a relationship with God."

hear what God says

- ▶ **hear**
- ▶ **Proverbs 3:5**
- ▶ **Luke 5:17-26 (story)**
Matthew 14:25-33 (story)
Proverbs 3:5
- ▶ **Luke 5:17-26**
- ▶ **Matthew 14:25-33**

Proverbs 3:5

- ▶ **hear**

What do you think this passage teaches us?

What can we learn about God or our response to God?

How do you think this passage relates to the statement we discussed earlier: "It is hard to stay friends with people unless you trust them"?

apply that to life

- ▶ **hear**: "Trust God rather than yourself."
- ▶ **lesson learned**
- ▶ **apply**: Why do we often trust ourselves more than we trust God?
What is one action you can take this week to start trusting God more?
- ▶ **action to take**

tell someone they know

- ▶ **action to take**
- ▶ **person to tell**

notes and preparation checklist

pray

- pray**
- pray**

connect

- connect**
- hear**

notes and preparation checklist

hear

- Luke 5:17-26**
- 1. What do you think was going through the minds of the paralytic's friends as they contemplated making a hole in someone's roof and making a spectacle of their handicapped friend in front of Jesus and the crowd?
- 2. How can you explain the fact that they finally made the decision to do it?
- 3. What were the rewards for their willingness to trust God?

Matthew 14:25-33

In this passage, what are some lessons we can learn about trusting God?

Proverbs 3:5

How would you express this verse in today's way of saying things?

notes and preparation checklist

apply

- hear**
- apply**
- [Trust Mini Journal](#)

notes and preparation checklist

tell

- tell**

4 Attitudes: Love

Love God with your whole heart and worship Him



B

Group Discussion Flow

connect with needs

- ▶ **action to take**
person to tell
 - ▶ **lesson learned**
 - ▶ **pray**
 - ▶ **hear**
 - ▶ **apply**
 - ▶ **tell**
- "Love is a crucial element in causing a relationship to deepen over time."
- "Let me tell you how I have experienced this."
- "Tell us how you have experienced this."
- "This is also true in a relationship with God."

hear what God says

- ▶ **pray**
 - ▶ **hear**
 - ▶ **apply**
 - ▶ **tell**
- Matthew 22:36-38**
John 21:15-17 (story)
Deuteronomy 11:11-15 (story)
- Matthew 22:36-38 —**
John 21:15-17 —
Deuteronomy 11:11-15 —

apply that to life

- ▶ **pray**
 - ▶ **hear**
 - ▶ **apply**
 - ▶ **tell**
- "Love God with your whole heart and worship Him."
- lesson learned**
- action to take.**

tell someone they know

- ▶ **pray**
 - ▶ **hear**
 - ▶ **apply**
 - ▶ **tell**
- person to tell.**

notes and preparation checklist

- pray**
- pray**
 - pray**
- connect**
- connect**
 - connect**

notes and preparation checklist

- hear**
- Matthew 22:36-38**
 - John 21:15-17**

1. Why do you think Jesus kept asking Peter if he loved Him?
 2. What impact do you think this conversation had on Peter later in his life?
- Deuteronomy 11:11-15**
1. What were the benefits God promised to the children of Israel if they loved and served Him wholeheartedly?
 2. What might those benefits look like today, if we do the same?

notes and preparation checklist

- apply**
- apply**
 - apply**
 - Love Mini Journal.**

notes and preparation checklist

- tell**
- tell**
 - tell**

4 Attitudes: Obey

Do what pleases God



B

Group Discussion Flow

connect with needs

- ▶ **action to take**
person to tell
- ▶ **person to tell**
- ▶ **person to tell**: "When we love people, we try to find ways to please them."
- ▶ **person to tell**: "Let me tell you how I have experienced this."
- ▶ **person to tell**: "Tell us how you have experienced this."
- ▶ **person to tell**: "This is also true in a relationship with God."

hear what God says

- ▶ **person to tell**: "When we love people, we try to find ways to please them."
 - ▶ **person to tell**: "Let me tell you how I have experienced this."
 - ▶ **person to tell**: "Tell us how you have experienced this."
 - ▶ **person to tell**: "This is also true in a relationship with God."
- John 14:23–24**
Matthew 21:28–32 (story)
Acts 5:27–33 (story)
- John 14:23–24** —
- Matthew 21:28–32** —
- Acts 5:27–33** —
- What do you think this passage teaches us?**
- What can we learn about God or our response to God?**
- How do you think this passage relates to the statement we discussed earlier: "When we love people, we try to find ways to please them"?**

apply that to life

- ▶ **person to tell**: "Do what pleases God."
 - ▶ **person to tell**: "Let me tell you how I have experienced this."
 - ▶ **person to tell**: "Tell us how you have experienced this."
 - ▶ **person to tell**: "This is also true in a relationship with God."
- lesson learned**
- person to tell**: "Do what pleases God."

person to tell: "Let me tell you how I have experienced this."

person to tell: "Tell us how you have experienced this."

person to tell: "This is also true in a relationship with God."

Why don't we always choose to do what pleases God?

What is one action you can take this week to begin to please God more?

action to take.

tell someone they know

- ▶ **person to tell**: "Do what pleases God."
 - ▶ **person to tell**: "Let me tell you how I have experienced this."
 - ▶ **person to tell**: "Tell us how you have experienced this."
 - ▶ **person to tell**: "This is also true in a relationship with God."
- person to tell.**

notes and preparation checklist

pray

- person to tell**
- person to tell**

connect

- person to tell**
- person to tell**

notes and preparation checklist

hear

- John 14:23–24**
Why do you think that people will obey God if they really love Him?

connect

- Matthew 21:28–32**
 1. What seem to be the lessons of this parable?
 2. Give an example of a time when you promised someone (e.g. a parent or a good friend) that you would do

notes and preparation checklist

apply

- person to tell**
- person to tell**
- person to tell**
- person to tell**

notes and preparation checklist

tell

- person to tell**
- person to tell**

4 Walks

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4 Walks

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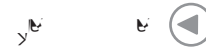
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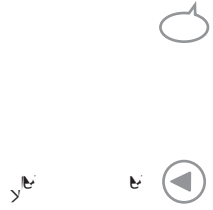
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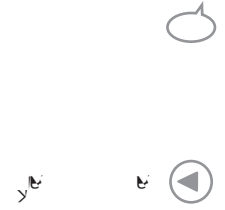
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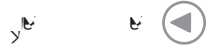
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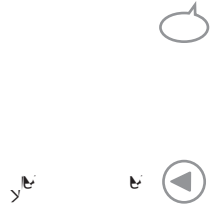
Truth



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4 Helps

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Peace



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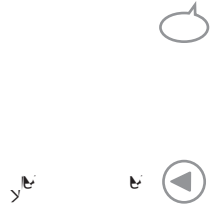
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4 Helps

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Trust



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Trust



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4 Attitudes
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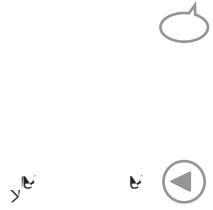
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4 Attitudes



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Use



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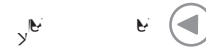
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4 Attitudes
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Essentials Mini-Journal Card Sleeve

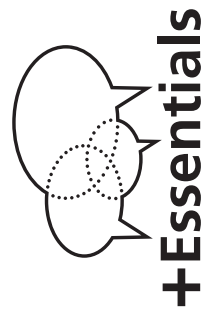
Print on heavy paper or cardstock. Cut along solid lines. Fold panels in sequence along dotted lines. Tape or glue seams. Smile.



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3